

# TRAVEL+ LEISURE

## 16 Best Spa Weekend Getaways in the U.S. — All-inclusive Resorts and T+L Reader Favorites Included

A trip to the spa is always a good idea, and fortunately, you don't have to travel too far from home to indulge in some pampering. What's more, the U.S. is home to some seriously stunning wellness resorts — many within easy driving distance of major cities — that make for the perfect weekend escape. Whether traveling solo, with a partner, or with friends, these spa weekend getaways offer something for everyone, going far beyond the basics of hot stone massages and facials (though those are nice, too). Instead, expect an array of unique offerings such as Ayurvedic-inspired rituals, state-of-the-art hydrotherapy, hot springs soaking, energy healing, and body treatments utilizing locally sourced ingredients. From [adults-only all-inclusive resorts](#) to award-winning boutique hotels, keep scrolling to check out our top picks for the best spa weekend getaways in the U.S.

### 11 | The Ranch Malibu

of 16



Famous for its organic vegan cuisine, luxury cottage accommodations, and signature weeklong retreat (aptly named The Ranch), this [luxury health and wellness resort just so happens to be T+L readers' favorite domestic destination spa](#) of 2023. Your day starts off with some early morning stretches followed by breakfast and up to four hours of group hiking. Before you know it, it's time for lunch and naptime. Then, you're off to strength training and yoga, followed by your daily massage. Post-treatment, you'll have free time to lounge by the pool, check out the infrared sauna or cryotherapy, or cozy up with a good book in one of the common areas. Best of all, says Kulkarni, "Everything is taken care of here for you, so all you have to do is enjoy the daily exercise, amazing food, and relaxation."