

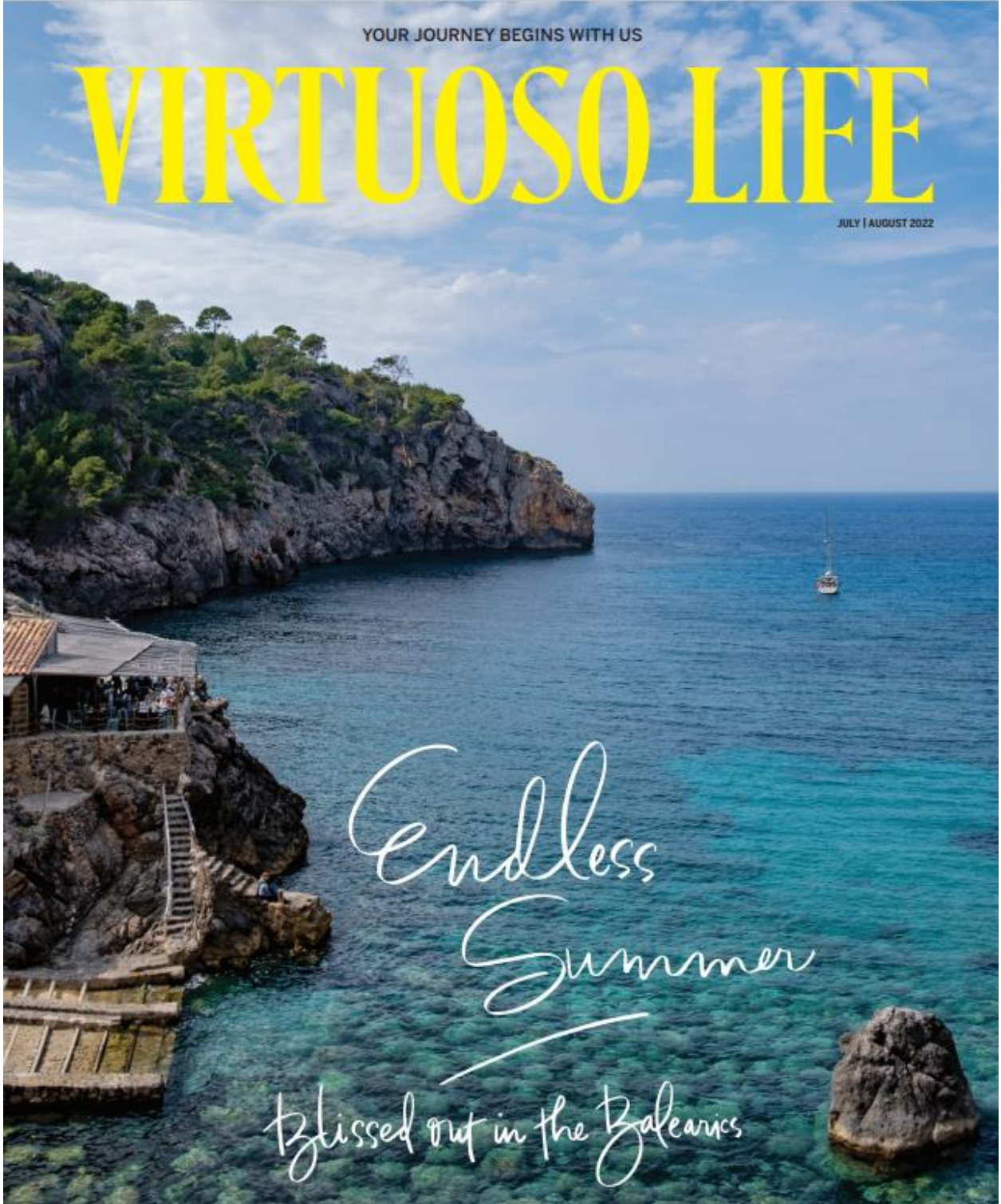
YOUR JOURNEY BEGINS WITH US

# VIRTUOSO LIFE

JULY | AUGUST 2022

*Endless  
Summer*

*Blissed out in the Balearics*





## ITALIAN TUNE-UP

California's Ranch Malibu has introduced new eight-day, 25-person programs in hot-springs-famed Fiuggi, 50 minutes from Rome. Powered by vegan meals, days at **The Ranch Italy at Palazzo Fiuggi Medical Retreat** begin with four-hour hikes in the Apennines, followed by strength classes, yoga, and massages. Diagnostic and blood tests with resident doctors at the fresco-filled art nouveau wellness resort are optional. But it's a dolce vita mandate to visit the ancient Roman spa in the old quarter, where centuries of popes, royals, and Renaissance masters, including Michelangelo, bathed in the healing waters. *Retreats from \$9,100 per person, including breakfast daily and a \$100 resort credit.*