

The 15 Best Destination Spas in the United States

Whether they're based in Arizona's wild deserts or the bucolic forests of Pennsylvania, the best destination spas in the United States, as voted by T+L readers, offer luxurious pampering experiences.



The best destination spas in the United States entice us to pause and indulge in ourselves – whether the aim is to relax the muscles or clear the mind, or both. And according to *Travel + Leisure* readers, there are plenty of standout options from coast to coast, from the Texas spa that specializes in equine therapy to the California property that offers CBD deep-tissue massage.

Every year for our [World's Best Awards survey](#), T+L asks readers to weigh in on travel experiences around the globe – to share their opinions on the top hotels, resorts, cities, islands, cruise ships, spas, airlines, and more. In the destination spas category, [readers rated properties on their accommodations and facilities, treatments, service, food, and overall value.](#)

Travel + Leisure readers' favorite spa destinations varied in approach, but as far as location goes, one state led the way: four properties in Arizona made this year's list. "Mystical desert vibes give you the best positive energy," wrote one voter, who visited Civana Wellness Resort & Spa, which earned the No. 5 spot. "It's the best atmosphere to reset." Noteworthy neighbors: Miraval Arizona (No. 6), Canyon Ranch Tucson (No. 7), and Mii Amo (No. 8), which has been undergoing intensive renovations.

Ten Thousand Waves in Santa Fe, New Mexico, nabbed the No. 2 spot with a similar magic. "It can be romantic, as well as family-friendly," wrote one voter, who praised the property's versatility. "There are many rooms depending on what you're looking for – meditation, communal and private spas, and a sauna."

East Coast wellness icons appear on this year's list, including last year's winner, the Japan-inspired Shou Sugi Ban House in New York's Hamptons (No. 3 this time around), and Canyon Ranch Lenox, Massachusetts (coming in at No. 13). One reader celebrated getting the first COVID vaccine with a trip to the No. 10 winner, the Lodge at Woodloch. "After the pandemic, we needed a stress-free getaway, but were very concerned about cleanliness," wrote a voter, who stayed at the property in Hawley, Pennsylvania. "The staff went beyond expectations and even managed to add a few treatments and accommodations I haven't seen anywhere else. And we were always delighted by the quality of the dishes at the restaurant." More highlights: forest bathing, pausing for a beat in the resort's whisper lounge, or relaxing in one of the hammocks with a view of the lake.

But it was a property in sun-drenched Southern California that emerged as the No. 1 winner among the best domestic destination spas.

1. The Ranch Malibu, California



"The best week of my life — restorative, invigorating, and addictive." That's how one spa-goer described a visit to this luxury fitness resort, situated on 200 acres in the Santa Monica Mountains. Guests boost their health through hours-long hikes, holistic meals, acupuncture, massages, chiropractic sessions, and many other therapeutic offerings. The hikes were especially popular with T+L readers. "I felt challenged with daily training sessions, pampered by the daily massages, and nourished by the most amazing vegan meals," noted one voter. The supportive and knowledgeable staff is key to the resort's success, according to readers.

Score: 93.66

More information: theranchmalibu.com