

TRAVEL+  
LEISURE

WORLD'S  
BEST  
AWARDS  
2021



# Destination Spas

This year's honorees prove that the right setting can inspire a profound shift in perspective and encourage us to prioritize our health.

## TOP 15 DOMESTIC SPAS

1. **Shou Sugi Ban House**  
Water Mill, New York 95.13  
With its intimate size (just 13 rooms) and personalized rituals, this Hamptons retreat excels at promoting a sense of calm. An organic culinary program designed by Noma cofounder Mads Refslund adds a compelling reason to visit.
2. **Cal-a-Vie**  
Vista, California 94.29
3. **The Ranch**  
Malibu, California 93.33
4. **Civana Wellness Resort & Spa**  
Carefree, Arizona 93.21
5. **Lake Austin Spa Resort**  
Austin, Texas 92.51 ★
6. **Hilton Head Health**  
Hilton Head Island, South Carolina 92.00

7. **Ojo Caliente Mineral Springs Resort & Spa**  
Ojo Caliente, New Mexico 91.46
8. **Lodge at Woodloch**  
Hawley, Pennsylvania 91.23 ★
9. **Sensei Lanai, a Four Seasons Resort**  
Hawaii 91.11
10. **Miraval Arizona**  
Tucson, Arizona 91.06
11. **Carillon Miami Wellness Resort**  
Miami Beach 90.98
12. **Miraval Austin**  
Texas 89.64
13. **Ojo Santa Fe**  
New Mexico 88.80
14. **Westglow Resort & Spa**  
Blowing Rock, North Carolina 88.00
15. **Canyon Ranch in Tucson**  
Arizona 87.39

## TOP 5 INTERNATIONAL SPAS

1. **Rancho La Puerta**  
Tecate, Mexico 95.17 ★  
This Baja California sanctuary exceeds expectations on every level, from its holistic workshops to morning hikes in the Mount Kuchumaa foothills. It has garnered such a devoted following that, last year, the property put 108 year-round residences up for sale.
2. **Sha Wellness Clinic**  
El Abris, Spain 94.93
3. **BodyHoliday**  
St. Lucia 94.35
4. **Tabacón Thermal Resort & Spa**  
Arenal Volcano National Park, Costa Rica 92.46
5. **Chablé Maroma**  
Punta Maroma, Mexico 91.06

## NO. 1 DOMESTIC SPA

*A saltwater pool is used for aquatic massage therapy at Shou Sugi Ban House, in the Hamptons.*