

Luxury digital detox resorts where celebrities unplug from technology

With texts and emails constantly vying for your attention and adding [stress to your life](#), it could be time for a [digital](#) detox.

In fact, there are many [wellness](#) and retreat centers that encourage visitors to unplug their devices and take a break from the constant noise of [technology](#).

On Tuesday, [The Hollywood Reporter](#) listed seven [luxury resorts](#) where the likes of Oprah Winfrey, Rebel Wilson, Nicole Kidman and Ellen DeGeneres go to temporarily disconnect from the rest of the world.

Most resorts encourage visitors to leave their phones in their rooms, but some [flatly prohibit](#) using personal devices in public spaces.

To see which resorts made the list, here are seven [Hollywood-favored](#) resorts and how much they [cost](#), according to The Hollywood Reporter.

The Ranch Malibu



Like Rancho La Puerta, guests of The Ranch Malibu are [encouraged](#) to leave their electronic devices behind. According to The Hollywood Reporter, guests of the fitness and wellness resort have included Rebel Wilson, Alison Brie and Mandy Moore.

One week at the resort will cost \$7,800, according to the [website](#). Four weeks of the fitness program will cost \$30,000.