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31 All-
American
Travel
Experiences

IT'S TIME TO REDISCOVER THE USA. WHETHER YOU ROAM FOR
RELAXATION, FOOD, ADVENTURE, OR ART, THE UNEXPECTED
AWAITS IN YOUR OWN BACKYARD. GO FORTH AND EXPLORE.

ILLUSTRATIONS BY JON CONTINO



BEST REASONS TO ADD A DAY TO YOUR NEXT BUSINESS TRIP

AFAR.COM HIGHLIGHT

1 A NATURAL MUD MASK

We found natural clay pools along Lake Charlevoix in Michigan's Young State Park. Slather the wet clay on your skin, let it dry, take a swim, and you'll be left soft and glowing.

—Kristina Legee



5. OZ GARCIA

Nutritionist, expert on healthy aging

"I like to send my clients, many of whom are stressed-out executives, to the Ranch at Live Oak in Malibu (right). It gives them the opportunity to get back to nature. The scenery is beautiful and the accommodations are up to their standards. Many of them really enjoy the boot camp—and the massages after a long day of exercise."



2 Glenmere Mansion Chester, New York

An hour's drive north of New York City, you'll find this hotel and its marble bathhouse, where you can warm yourself on a heated stone table. In the Turkish Soap massage, guests are scrubbed with castile soap and exfoliated with a traditional kesa mitt.

3 Ritz-Carlton Key Biscayne, Florida

Inspired by the lunar calendar, new spa treatments at this resort on an island south of Miami Beach explore the moon's influence on the senses. Products from Eminence's biodynamic line utilize ingredients harvested during corresponding phases of the moon.

4 Cavallo Point Sausalito, California

After biking in Marin County or scaling San Francisco's hills, guests can recharge with the two-hour "Ultimate Recovery" package. Muscle balm blended exclusively for the property delivers peppermint, ginger, and juniper to aching limbs.

6 WINNING HANDS IN LAS VEGAS

What better place to enjoy a Good Luck Ritual than in Las Vegas? The spa at the Encore resort combines massage with treatments for hands, feet, and scalp, all based on the five Chinese elements. Feeling good is guaranteed. Striking it rich in the casino is not.

