

DEPARTURES

Travel News: 20 Reasons To Travel This February

By Chadner Navarro



Gian Giovannoli / KMU FOTOGRAFIE

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Events, trips, packages, excursions, and other goings-on of note to help you plan your winter travels.

From new private charters to red-hot Havana to the best Valentine's Day packages around, here are 20 of the travel world's most notable happenings during the month of February.



Courtesy The Ranch

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The Ranch Launches The Integrative Lifestyle Physical

The acclaimed wellness company is collaborating with the experts at the California Health & Longevity Institute to launch a new healthcare analysis: The Ranch Integrative Lifestyle Physical, a

full-day health assessment that includes medical screenings, fitness consultation, energy healing, and a deep-tissue massage to cap it off. The extensive physical can be done on its own, or as an add-on to the four-day The Ranch 4.0 fitness retreat at the Four Seasons Hotel Westlake Village. *Physical*, \$4,000; Two Dole Dr., Westlake Village; 888-777-2177; theranchmalibu.com.