



Hilton Head Health named  
Best Wellness Retreat /  
Resort

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## 6 THE RANCH MALIBU Malibu, Calif.

The Ranch Malibu, an intensive one-week luxury boot camp, eliminates "decision fatigue" with a no-option daily fitness routine featuring group hiking, yoga, weight training and ab work, all amid spectacular hills above the Pacific Ocean. Healthy meals prepared with fresh, organic ingredients exclude processed sugars, alcohol and caffeine.

Photo courtesy of The Ranch Malibu

The top 10 winners in the category Best Wellness Retreat / Resort are as follows:

1. Hilton Head Health - Hilton Head, S.C.
2. Eupepsia - Bland, Va.
3. Skyterra Wellness - Lake Toxaway, N.C.
4. The Art of Living Retreat Center - Boone, N.C.
5. New Life Hiking Spa - Killington, Vt.
6. The Ranch Malibu - Malibu, Calif.
7. CIVANA Resort, Spa & Sanctuary - Carefree, Ariz.
8. Ten Thousand Waves - Santa Fe, N.M.
9. Mii Amo - Sedona, Ariz.
10. Miraval Arizona Resort & Spa - Tucson

A panel of experts partnered with 10Best editors to pick the initial 20 nominees, and the top 10 winners were determined by popular vote.

Congratulations to all these winning resorts and retreats!