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Real

STYLE WATCH

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Stunning Jewelry

Twilight's Ashley Greene! Get Her Party Style for Less p. 42



Sexy Heels



Festive Dresses



Elegant Clutches



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IN!
Tough hikes with your honey! (Josh Duhamel & Fergie)

What's IN What's OUT

The latest on our style radar

IN

Bootcamp Getaways for Two

"More and more couples are bonding during spa retreats, especially ones with rigorous fitness programs like the Ranch at Live Oak and at various ashrams. It's fun and physically

challenging—but you still get great massages!" —*Melissa Biggs-Bradley, founder, Indagare.com, a travel website*

Designer Wine Bottles

"Specially packaged wines from famous fashion names and brands will be hot during the holidays. Unique design and fine wine are a natural match, and it can be a fun way to personalize the gift of wine."

—*Gregory Dal Piaz, editor-in-chief, Snooth.com, a wine website*

IN! Chic wine (Banana Republic and Clos du Bois Limited-Edition Chardonnay, \$15.99; Closdubois.com)



IN!
Smart dogs!

Raising Your Pet's IQ

"Interactive games like Nina Ottosson's Dog Twister or Catit's Treat Maze are all the rage to help up your pets' mental and physical agility. It's so fun to watch your dog or cat as she or he advances through different levels of difficulty." —*Sara Okin, buyer, Wag.com, a pet website*

At-Home Gel Manis

"In-salon gel manicures are huge, but now you can do it yourself! Companies like Nutra Nail have come out with easy-to-use kits.

The polish only takes five minutes to dry, and you'll have chip-free nails for up to two weeks." —*Holly Carter, beauty director, PEOPLE STYLEWATCH*

IN! Get the pro treatment for less! (Nutra Nail Gel Perfect UV-Free Gel-Color in Passion, includes gel color, cleaner and activator, \$11.99; nutranail.com)



OUT

Doing the Same Exercise All the Time

"We've learned that using the same muscles in the same routines isn't the optimal way to work out. 'Muscle confusion' is the latest fitness catchphrase. It's about mixing up the type, speed and intensity of your workout to trick your body into burning more calories!" —*Carol Espel, national director of group fitness, Equinox gyms*

OUT!
Hitting the elliptical every day! (Denise Richards)



Glass Vases

"We've all used the standard cylinder vase and bubble bowl, but they're not the freshest choices.

People are experimenting with quirkier vases—'70s styles from the flea market or animal-motif ceramic versions from Jonathan Adler." —*Jeff Leatham, celeb floral designer*



OUT!
Same-old vases!

Round Party Tables

"At a big circular table, it's impossible to talk to anyone besides the people sitting next to you. Narrow rectangular tables help inspire conversation, which is important to a great party!" —*Jung Lee, owner, Fête, a celeb-fave event firm*



OUT! Big round tables! (Heidi Klum and Kim Kardashian)



OUT!
Dish sets!

Matching China

"A full set of dishes feels too formal. We love to mix old-fashioned patterns with new designs to create a fun, eclectic table." —*Robert and Courtney Novogratz, stars of HGTV's Home by Novogratz*